

“All I want for
Christmas...
...is to get back
my Fitness!”



Goal Power

Ultimate ‘Body & Soul’ Christmas Gift Bag!

Every wife, partner, mum, sister, daughter and girlfriend deserves this bag of treats.

Your Ultimate ‘Body & Soul’ Makeover includes:

- ✓ *A personalised Nutrition Make-Over consultation (Say goodbye to your sneaky Christmas kilos)*
- ✓ *A one-on-one Wake Up Your Body fitness training session (Motivation to get you moving!)*
- ✓ *10 passes to Girl Power Outdoor Group Training (Pick & choose the sessions you love, that work for you)*
- ✓ *Your own ‘I train like a girl’ Goal Power Training Singlet*
- ✓ *A water bottle (because drinking water is important for good health and weight loss)*
- ✓ *3 Do-It-Yourself @ home Goal Power Fitness Training Programs*
- ✓ *A Pamper Voucher from Divinity Make Up Artistry (because you deserve to feel good)*
- ✓ *1 Sunshine Coast Kids Club Voucher (Take time out to catch up with your friends while the kids are entertained!)*

Get one under your Christmas Tree for

ONLY \$99 (total value \$500)

Don’t miss out! Gift Bag numbers are limited.

Call Jen on 0403 236 783 or Email: jen@goalpower.com.au